

2009 Elite & Masters Individual Time Trial Championships

**20 September 2009
ROSEWOOD**

Masters Men & Women

Div 9 to 2 - Distance - 20kms – points A – B – C and return – B - A.

Elite Women

Distance - 30kms – points A – B – D and return– B - A.

Elite Men

Distance - 40kms – points A – B – E and return – B – A.

